

THE GREEN HOUSE PROJECT REVOLUTIONIZES ELDER CARE

An innovative approach to elder care, skilled nursing, and rehabilitation, the Green House Project is a comprehensive, research based, and now proven system which creates a true home for those who require physical, emotional, and medical assistance in their daily lives.

The Green House Project was conceptualized by Dr. Bill Thomas, MD, a foremost international authority on geriatric medicine and elder care. After years of working to improve the lives of elders in traditional nursing homes, Dr. Thomas found that the bulk of the suffering among our elders came not from physical pain, but from Loneliness, Helplessness, and Boredom. A Green House home is the ultimate physical environment in which to establish and maintain a true elderoriented community and combat the three plagues of aging.

It is a home with a living room, open kitchen with communal dining to create a sense of community, and private bedrooms and bathrooms. Each home has a maximum of 14 residents and is specifically and carefully designed to allow elders to take control of their lives. They can cook if they want, they can make their own schedule, and they can feel a sense of propriety and control in their surroundings.

Along with being a genuine home, a Green House home is also a full service skilled nursing and short-term rehab facility, licensed and equipped to care for post-acute, short-term needs and long-term residence.

Because of the unique interior design of Green House homes, elders receive a much higher level of staff interaction and direct care than in a traditional nursing home. Since the opening of the first Green House home in 2003 in Tupelo, Mississippi, more than 359 Green House homes have opened and are thriving in 32 states around the country, with many more homes in development. Navigator Homes of MARTHA'S VINEYARD INC.

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 What we need is a radical reinterpretation of longevity that makes elders and their needs central to our collective pursuit of happiness and well-being.

-Dr. Bill Thomas



FOSTERING MEANINGFUL LIVES IN REAL HOMES

Our mission is to enable elders to live the most meaningful life possible in our Navigator Green House homes. We are passionate about fostering control, dignity, and a sense of well-being for elders, their families, care givers, and direct care staff.

The Martha's Vineyard Green House homes will replace the existing 86-bed Windemere Nursing Home and Rehabilitation Center currently located on the campus of Martha's Vineyard Hospital. In a study published in the *Journal of the American Geriatrics Society*, Green House homes are noted as a "promising model" for the future as elder care is re-invented in a post-pandemic world.





PROJECT SNAPSHOT

- Located on 490 Vineyard Haven Road, Edgartown, MA.
- Five separate residential homes totaling 55,960 SF.
- The five Green House Homes are clustered around a central outdoor garden area.
- Each 11,192 SF home includes 14 private bedrooms and space for sitting and personal storage.
- Central common area features a fireplace, sitting and gathering areas and open kitchen and family style dining.
- Project will be constructed on 9 acres that is part of a larger 24-acre parcel located at 490 Edgartown Vineyard Haven Road.
- The adjacent site will construct workforce housing apartments to be completed by Martha's Vineyard Hospital, an affiliate of Partner's Healthcare.
- The new workforce housing will help support the employee base needed for the operations at the skilled nursing home facility.

NAVIGATOR ELDER HOMES

Navigator Elder Homes of New England, LLC has been an official Development Partner of the Green House Project since 2018.

Navigator was founded to promote a radical shift in the paradigm of traditional care of the elderly and those with dementia to a culture of care that is life-affirming for each person, regardless of age, physical or mental limitations, or ability to pay. The organization is dedicated to developing a highly trained, compassionate staff who are well prepared to provide a real home to those in our care and who find deep meaning and satisfaction in their work.

The Martha's Vineyard Green House home replaces the existing Windemere Nursing Home but will serve 70 elders within 5 Green House homes licensed as Skilled Nursing within the MA Department of Public Health. Skilled Nursing is defined as a type of healthcare given when a resident needs round-the-clock nursing services, or short-term rehabilitation services after surgery or hospitalization.

Skilled Nursing and Rehabilitation services are provided by highly trained staff who manage, observe, and evaluate care. Nursing physical therapy, occupational therapy, and speech therapy are considered Skilled Care by Medicare, which is one of the primary payers of care.

Leadership

Renee M. Lohman, President & CEO of Navigator Elder Homes has thirty years' experience in startup, development, financing, management, and operations of healthcare services companies including hospitals, centers for ambulatory-surgical/urgent/ and primary care, and health management organizations.

Along with several other health care professionals, in April 2018, Renee founded Navigator Elder Homes of New England, LLC to improve access to the supportive housing and healthcare needs of the growing number of elders living on Cape Cod and the islands of Martha's Vineyard and Nantucket.

 66 Green Houses are nothing less than a revolution.
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